

Back to School again...

	Prod Code	Description	Weight	Min Count	List £	September* Offer £	
Nutritional & Innovative Menu Solutions for Education & Care Sectors							
Sea Chef	11164	Breaded White Fish	80-110g	36	£13.70	£12.50	
	11166	Battered White Fish	80-110g	30	£11.82	£10.60	
	53153	Breaded Salmon Small Fry	50-70g	60	£17.94	£16.40	
	53151	Breaded Salmon Fillet	80-110g	36	£15.90	£14.40	
	53149	Breaded Salmon Bites	20g	2Kg	£14.25	£13.25	
	97134	Breaded Fish Cakes	85g	30	£6.73	£5.99	
	75017	Breaded Fish Cakes	113g	30	£7.83	£6.99	
	11174	Breaded Cod (Natural Crunch Crumb)	80-110g	36	£14.71	£13.70	
	54130	Breaded Small Fry	50-70g	60	£16.80	£15.80	
	54104	Battered Small Fry	50-70g	60	£16.52	£15.49	
	46145	Breaded Small Fry - Healthy Balance	50-70g	60	£18.50	£17.49	
	44102	Omego's 3 Fish Cakes	60g	30	£12.40	£11.20	
Findus	90203U	Breaded Minced Cod Fish Fingers	25g	60	} Natural source of Omega-3 Low Salt	£5.36	
	90201U	Breaded Cod Fillet Fish Fingers	30g	60		£11.96	£10.48
Young's	67151	Basa Fillet - skinless & boneless	120-170g	30	£14.80		
	01019	Hake Fillet - skinless & boneless	110-130g	30	£22.22		
RECTORY FOODS LTD	95139U	Low Salt Breaded Chicken Nuggets		1kg	£5.01		
	04127U	Battered Chicken Inner Fillet Goujons	30g	1kg	£4.55		
	91212U	Cooked Diced Chicken Breasts		2.5kg	£12.47		
	92212U	Cooked Chicken Breast Strips		2.5kg	£12.47		
	27174	Cooked Chicken Breast Fillets	60g	80	£22.36		
	35022U	Battered Whole Muscle	20g	1kg	£5.08		
		Chicken Breast Chunks					
TULIP	Giving Great Taste a Helping Hand						
	88159	Danish Meatballs - reduced salt	12g	3.36kg Approx 140	£14.64	£11.72	
	16146U	Hawaiian Chicken Kebabs	30g	40	£10.06	£8.38	
	81124U	Shaslik Kebab	30g	40	£10.06	£8.38	
	00158U	Whole Loin of Pork Joint with Rind	2.5kg		£14.05	£12.50	
92112	Pork Loin Butterfly Steaks	100g	30	£24.75	£22.90		
Ellie & Roddy's	The Great British Sausage is Back.						
	60% Meat Content. Lower Fat & Salt Levels Than FSA Guidelines.						
	British Farm Assured Raw Materials. No MSG. No Artificial Colours or Flavours.						
87034	Ellie & Roddy's Pork Sausages	4.54kg	12's	£10.72	£9.72		
87114	Ellie & Roddy's Pork Sausages	4.54kg	8's	£10.58	£9.58		

*Offer period 31st August to 9th October 2009

See over for more exciting ideas...

...with some healthy options from order online at thomasridley.co.uk

Thomas Ridley
FOODSERVICE

We've done the homework...



Help yourself

Prod Code	Description	Weight	Min Count	List £	September* Offer £
A good Source of Protein and Generally Lower in Fat than the Meat Equivalent.					
10139U	Catering Quorn Pieces	1kg	10		
09139U	Catering Quorn Mince	1kg	10	£9.87	£6.87
75200U	Plain Quorn Fillets	2kg		£8.73	£6.08
07139	Quorn Sausages	50g	32	£18.25	£12.79
				£9.76	£6.47



Purely Potato McCain Non-Fried Solutions - can be used 5 Days a Week.

66116	Diced	2.5kg	4	£16.89 (77p/lb)	
66116U	Diced	2.5kg	1	£4.37 (79p/lb)	
66130	Sliced	2.5kg	4	£16.89 (77p/lb)	
66130U	Sliced	2.5kg	1	£4.37 (79p/lb)	



Natures Goodness. Non Pre-fried so you can serve everyday
Meets FSA Target Nutrient Specification -
Helping Schools Serve Great Tasting Meals within FSA Guidelines.

04010	Chips	} Max 1% Saturated Fat & 5% Total Fat when Fried.	2.5kg	6	£16.42 (50p/lb)
04010U	Chips		2.5kg	1	£2.98 (54p/lb)
04012	Wedges		2.5kg	4	£8.09 (37p/lb)
04012U	Wedges		2.5kg	1	£2.25 (40p/lb)



Fruit Ice Smoothies 30% Fruit Puree. Virtually Fat Free. Nut Free.

55130	Strawberry	80ml	60	£13.11	
87044	Orange & Mango	80ml	60	£13.11	
54009	Pineapple	80ml	60	£13.11	
57130	Raspberry	80ml	60	£13.11	



Fruit Ice Cream 30% Fruit Puree. Low Fat Ice Cream. Nut Free.

35197	Strawberry			£13.15	
35201	Peach			£13.15	
35193	Blackcurrant			£13.15	



100% Fruit Juice Carbonated. No Additives. None, Nothing
Meets All Government Nutritional Standards of Drinks in Schools in England & Wales

07045	Lemon	24x250ml	£10.20	BUY ANY-2 GET 1 FREE
07031	Orange	24x250ml	£10.20	
07030	Berry	24x250ml	£10.20	



Offer Code 1800

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...to get you top marks!



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