

Fruit & Vegetables

Product Code	Description	Approx Size/No	Weight	Pack Size/Ptns
Vegetables				
Peas				
59131U	Mange Tout		1kg	
08132U	Petit Pois		1kg	
12132U	Minted Peas		1kg	
25132U	Mushy Peas		1kg	
23132U	Choice Peas	Country Range	1kg	
10132U	Premium Garden Peas		1kg	
15132U	Garden Peas	Country Range	2.5kg	
Leaf Vegetables				
46132U	Shredded White Cabbage		1kg	
35200u	Leaf Spinach Portions		1kg	
Beans				
27132U	Sliced Green Beans		1kg	
28132U	Sliced Green Beans		2.5kg	
26132U	Whole Beans		1kg	
32132U	Broad Beans		1kg	
16206	Green Beans Wrapped in Smokey Bacon		40g	50
37032U	Edamame Beans		1kg	



Green Beans Wrapped in Smokey Bacon
Code 16206

New products in the marketplace

Introducing the latest superfood...

The Edamame Bean has a sweet nutty flavour and is the latest foodstuff to gain 'super' status.

Pronounced 'ed-ah-maa-me', the beans, are a cholesterol-free form of plant protein, calcium and omega-3 fatty acids.

An 80g serving is 1 of your 5 a day, contains vitamins A and C and is high in folic acid. It can be added to soups, salads, stews and pasta - and the perfect ingredient for vegetarian dishes.



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Product Code	Description	Approx Size/No	Weight	Pack Size/Ptns
Florets				
43132U	Cauliflower Florets	Country Range	1kg	
44132U	Cauliflower Florets		2.5kg	
50132U	Broccoli Florets	Country Range	1kg	
Corn and Courgettes				
44041U	Baby Corn Cobs		1kg	
57131	Corn on the Cob			24x2 ears
53131U	Sweetcorn	Country Range	1kg	
56131U	Sweetcorn		2.5kg	
60131U	Courgettes		1kg	
Herbs				
05189U	Coriander	D'Arta	250gr	
05200U	Basil	D'Arta	250gr	
Sprouts				
36132U	Button Sprouts		1kg	
37132U	Medium Sprouts		1kg	
41132U	Medium Sprouts		2.5kg	
62175U	Button Sprouts		2.5kg	
Root Vegetables, Leeks and Onions				
57132U	Fine Baby Carrots		1kg	
52132U	Julienne Carrots		1kg	
59132U	Fluted Carrots		1kg	
60132U	Fluted Carrots		2.5kg	
62132U	Diced Carrots		1kg	
63132U	Diced Carrots		2.5kg	
64132U	Diced Swede		1kg	
65132U	Diced Swede		2.5kg	
91006U	British Pride Parsnips Honey Roast		1.3kg	
55132U	Baby Parsnips		1kg	
54132U	Cut Leeks		1kg	
66131U	Sliced Onions		1kg	
64131U	Silverskin Onions		1kg	
10115U	Diced Onions		1kg	
Mushrooms and Asparagus				
69131U	Button Mushrooms		450gr	
47131U	Asparagus Spears		1kg	

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Product Code	Description	Approx Size/No	Weight	Pack Size/Ptns
Vegetable Mixes				
39131U	Premium China Mix		1kg	
22131U	Mixed Vegetables	Country Range	1kg	
23131U	Mixed Vegetables		2.5kg	
24131U	Macedoine		1kg	
20197U	Chargrilled Mix Vegetables		1kg	
25131U	Macedoine		2.5kg	
29131U	Ratatouille		1kg	
38131U	Diced Mixed Peppers		1kg	
73209U	Sliced Mixed Pepper – Red, Green, Yellow		2.5kg	
34131U	Casserole Mix		1kg	
21131U	Farmhouse Mix		1kg	
Avocado				
87204U	Avomix Guacamole		500gr	
Coated Vegetables				
47217U	Breaded Cream Cheese Jalapenos		1kg	
80131U	Battered Onion Rings		450gr	
72162U	Crispy Onion Rings	Lamb Weston	1kg	
07129U	Breaded Mushrooms		1kg	
68129U	Garlic Mushrooms		1kg	
69159	Garlic Breaded Mushrooms		900gr	10
06036U	Crispy Coated Cajun Onion Rings	Central Foods	500gr	
01037U	Beer Battered Onion Rings	McCain	1kg	
35173U	Crispy Onion Rings	Country Range	1kg	
44198U	Beer Battered Onion Rings		1kg	
Fried Vegetables				
10207	Bubble & Squeak	Daloon	30gr	80
Fruit - Excellent for fruit salads and smoothies NEW Smaller Packs!				
37139U	Strawberries		1kg	
37144U	Redcurrants		1kg	
37155U	Blueberries		1kg	
37157U	Blackcurrants		1kg	
37179U	Blackberries		1kg	
37188U	Apple Slices		1kg	
66188U	Raspberries		1kg	
39217U	Fruit Summer Mix		1kg	
39218U	Exotic Mix		1kg	
56100U	Cranberries		1kg	
30025U	Blackberries		2.5kg	
21104U	Blueberries		2.5kg	
12107U	Raspberries		2.5kg	
02190U	Summer/Forest Fruits		2.5kg	
Rice				
37158	Long Grain Rice	D'Arta	200gr	36
Bubble & Squeak				
10207	Bubble & Squeak	Daloon	30gr	80



frozen food

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It's a green green world